

Master Family & Consumer Sciences Volunteer Program Summary

Institution: University of Delaware
Program: Master Food Educator Program
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Through a 6-week, 36-hour training program individuals are trained in nutrition, food safety, Cooperative Extension 101, diversity, adults as learners and presentation techniques. Each participant is expected to complete a group project which is creation of a factsheet that can be used in future programming. Upon completion each volunteer gives back 40 hours (35 hours plus 5 hours continuing education). Volunteers currently help with manning displays at health fairs, conduct workshops, judge at the state fair and 4-H events, do behind the scenes food preparation and food demos at nutrition programs and develop displays.