

Master Family & Consumer Sciences Volunteer Program Summary

Institution: Texas A&M AgriLife Extension Service

Program: Master Wellness Volunteer Program

Contact: Andrew Crocker, Program Coordinator
Email: abcrocker@ag.tamu.edu

Dr. Susan Ballabina, Program Coordinator
Email: sg-ballabina@tamu.edu

Brief description:

Master Wellness Volunteers receive 40 hours of education related to wellness, nutrition, childhood health, food safety, healthy food preparation, public speaking and much more. The training is conducted by County Extension Agents and health professionals who have access to the latest research based information in the area of health and wellness. In return, volunteers are asked to give 40 hours of volunteer service to Texas A&M AgriLife Extension Service.